

Instruction

COURSES OF STUDY

Grades K-8

Courses of study for grades K through 8 shall include the following:

1. English: knowledge and appreciation of language, and literature, and the skills of speaking, reading, listening, spelling, handwriting and composition
2. Mathematics: concepts, operational skills and problem solving; algebra
3. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology and sociology, including instruction in:
 - a. The history, resources, development and government of California and the United States, including:
 - (1) Early California history
 - (2) The role and contributions of men and women, Black Americans, American Indians, Hispanics, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California and the United States, with emphasis on the role of these groups in contemporary society
 - (3) American government and civics
 - b. The development of the American economic system
 - c. Eastern and western cultures and civilizations
 - d. World history and geography; ancient civilizations
 - e. Contemporary issues
 - f. The wise use of natural resources
4. Science: biological and physical aspects, with emphasis on basic concepts, experimental inquiry, theories and processes of scientific investigation, and the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the science
5. Visual and performing arts: instruction in art and music aimed at developing aesthetic appreciation and creative expression
6. Foreign language beginning not later than grade 7

COURSES OF STUDY (continued)

Grades K-8 (continued)

7. Health: principles and practices of individual, family and community health
 - a. Personal and public safety and accident prevention, including instruction in emergency first aid
 - b. Fire prevention
 - c. The protection and conservation of resources, including the necessity for the protection of our environment
 - d. The effects of alcohol, narcotics, drugs and tobacco upon the human body
8. Physical education with emphasis on physical activities conducive to health and vigor of body and mind
9. HIV/AIDS prevention (Note: Education Code 51934 requires that students be provided HIV/AIDS prevention at least once in middle school)